**Is a Career in Care right for you?**



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| --- | --- | --- | --- |
|  |  | **YES** | **NO** |
| **1** | Do you want a job that makes a positive difference to other people’s lives? |  |  |
| **2** | Do you think you are reliable? |  |  |
| **3** | Can you work well under pressure? |  |  |
| **4** | Can you work to deadlines? |  |  |
| **5** | Can you follow instructions, procedures or policies? |  |  |
| **6** | Can you communicate well verbally, for example talk, chat and put people at ease? |  |  |
| **7** | Can you communicate well in writing, for example use a diary or fill in forms and reports? |  |  |
| **8** | Do you think you are a good listener? |  |  |
| **9** | Can you empathise with people? |  |  |
| **10** | Do you respect the values and beliefs of others? |  |  |
| **11** | Do you think that everyone should have the right to privacy and dignity? |  |  |
| **12** | Are you happy to have training and to develop your own skills for your job/career? |  |  |

Name: Date: