From Gosia : Hello

10:51:16 From Gosia : Write your answers here

10:51:59 From Emebet to Gosia(Privately) : on holiday

10:52:37 From zulfia Sakhizada : my nam is lee dos

10:52:51 From Dalal : -1- in holiday

10:53:08 From Emebet to Gosia(Privately) : back Monday

10:53:16 From SOUZAN : Hoilday

10:53:27 From SOUZAN : Monday

10:53:48 From Dalal : on manday

10:54:27 From Emebet to Gosia(Privately) : 3 name. telephone, rasen

10:54:36 From Gosia to Emebet(Privately) : reason

10:54:47 From Manizha : I'm lee

10:54:50 From SOUZAN : number

10:54:56 From zulfia Sakhizada : 2-l did in holiday

10:56:12 From Manizha : please contact number

10:56:39 From Dalal : -3- contact colour

10:57:30 From Manizha : comments on holiday

11:21:36 From Gosia to Emebet(Privately) : Healthy food is good and helps us to live longer. It's very important to keep healthy diet.

11:28:18 From Gosia to Dalal(Privately) : Healthy food is good to keep the body strong. It protects us from diseases.

11:31:43 From Gosia to Chaman Zahedi(Privately) : I don't eat unhealthy food.

11:31:59 From Gosia to Chaman Zahedi(Privately) : not to get sick

11:32:26 From Gosia to Chaman Zahedi(Privately) : I don't eat big portions.

11:35:07 From Gosia to Kidan Tewelde(Privately) : I eat fruit, vegetables, rice - not too much, pasta, chicken, fish. I don't drink milk - I drink oat milk.

11:38:40 From Gosia to SOUZAN(Privately) : I stay away from sugar, because of blood pressure and diabetes.

11:40:51 From Gosia to Manizha(Privately) : I have brown bread for breakfast.

11:41:10 From Gosia to Manizha(Privately) : I drink a lot of water.

11:41:39 From Gosia to Manizha(Privately) : My auntie is diabetic.

11:42:51 From Gosia to zulfia Sakhizada(Privately) : Healthy food is good for everyone, for body.