# Welcome to ESOL online E1/E2 Autumn Term 2021

Week 2 – LESSON 1

Check homework, practice chat in Zoom, Talk about health, say what it means to be healthy.



#### **Adult Community Learning**

Supporting our students

# Safeguarding



#### Your safety and wellbeing is important to us

If you are experiencing bullying, violence or abuse of any kind, don't keep quiet. We can help.

Talk to your tutor, centre staff or our safeguarding lead: David Coleman Telephone: 07525 387549

Email: aclsafeguarding@islington.gov.uk











# Safer learning Your rights and responsibilities



You have the right to feel safe where you learn.

respect other Other people should not hurt or abuse you in any way. Other people should not threaten to hurt or abuse you.

Your responsibilities are:

- · to respect other people's rights to safety:
- · not to hurt or abuse others; and
- · not to threaten to hurt or abuse others.

There are staff who are there to support you and help make your place of learning safe.

This guide uses the words abuse, responsibility and threaten.

- · 'Abuse' is when someone does something to you that makes you feel bad or hurts you.
- 'Responsibility' means something you need to do.
- · 'Threaten' means when someone makes you feel like they are going to hurt or abuse you.

#### What should you do if you think you are being hurt or abused?

If you think you have been hurt or abused by another student or learner, member of staff or visitor, you should report this as soon as possible.

#### Tell someone you trust about what is happening.

Find out from your tutor, student support services or other trusted staff member who is responsible for protecting learners. Sometimes these are called Child or Vulnerable Adults Safeguarding Officers. Put their details here:

ACL Safeguarding Officer contact: 07525 387549

Or email: ACLsafeguarding@islington.gov.uk

You can also contact:

- Samaritans 08457 909090
- Victim Support 0845 3030900



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way that hurts.

People should not hit, kick, pinch, burn or push you, or bind or tie you up.



#### Psychological or emotional abuse

People should not upset you by bullying or teasing you.



#### Neglect

If you have personal care support, people who are there to help you should not neglect you or ignore you.

People should not take away your rights to basic living needs such as shelter, food and water, clothing and

People should not take away your right to make your own choices.



#### Sexual abuse

People should not:

- · touch you if you don't want them to:
- · make you touch them if you don't want to;
- · say sexual things to you if you don't want them to;
- · make you touch the sexual parts of their bodies if
- you don't want them to;
- · make you take part in a sexual act with them if you don't want them to.



#### Financial, money or material abuse

People should not steal from you.

People should not bully you into handing over your money or things you own.

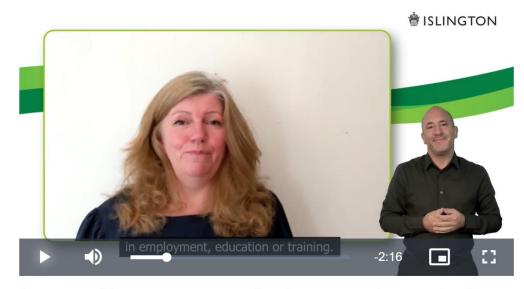


#### Discrimination

People should not treat you badly because of your:

- · age;
- · disability;
- · gender (whether you are male or female);
- · ethnicity:
- · who you choose for your girlfriend or boyfriend.

#### Information Advice and Guidance



### IAG one-on-one sessions (by appointment only)

This term we are offering Information Advice and Guidance session online Monday afternoons from 1.00 - 4.00pm and Wednesday mornings from 9.30 - 12.30.

To book an appointment contact Alison Moore 07808879044 or email Alison.Moore@islington.gov.uk

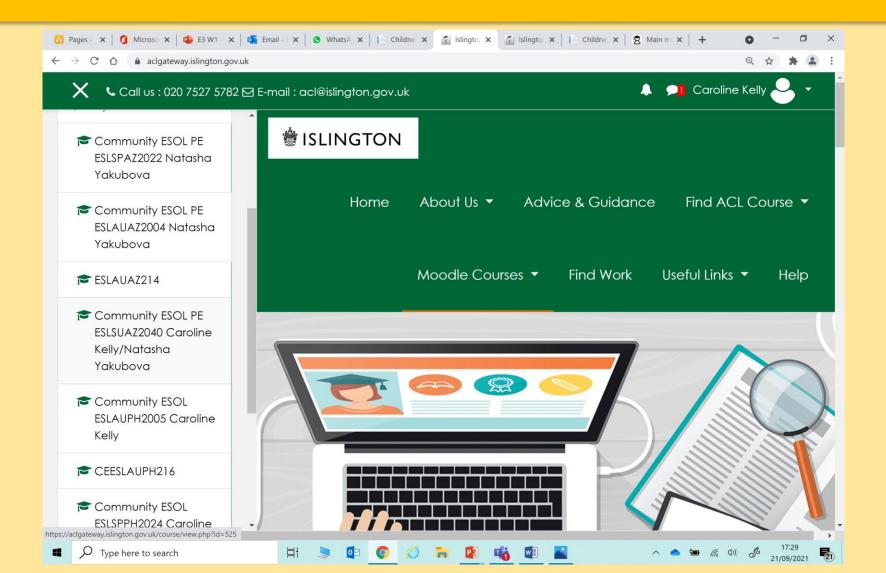
# What's the weather like today?



# **CLASS OBJECTIVES**

- 1. Say today's day and date, describe the weather.
- 2. Check homework (finding Moodle course online)
- 3. Practice: use 'Reactions' and 'Chat' in Zoom.
- 3. Health: say what you do to be healthy.
- 4. HW: 1. Write sentences and say how you stay healthy.
  - 2. Find a word in an online dictionary.

# What is Moodle?

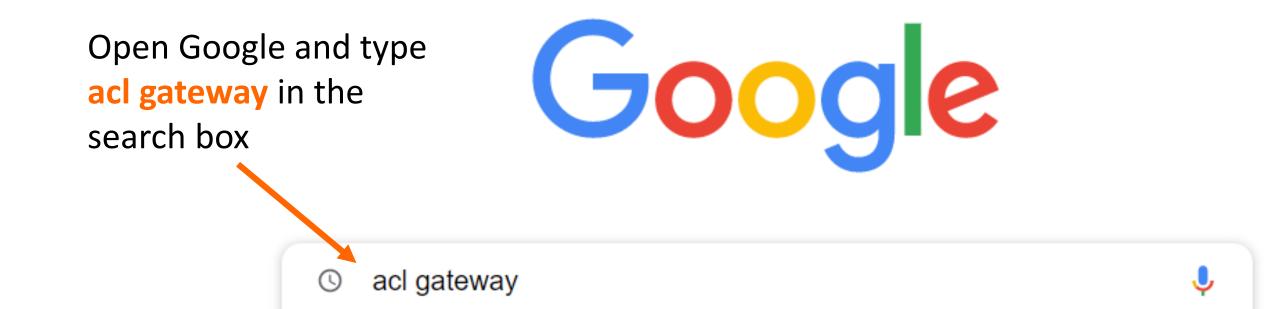


## What is Moodle?

Moodle is a computer system for online learning

You can find your Moodle course on the Islington Adult Community Learning Gateway (ACL Gateway).

https://aclgateway.islington.gov.uk/





acl gateway

Q All

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: More

Click on the

Settings

Tools

About 2,980,000 results (0.25 seconds)

aclgateway.islington.gov.uk •

#### Islington ACL Gateway

Welcome to the Islington Adult Community Learning **Gateway**. How To Access Your Moodle Courses. To access your Adult Community Learning course and the ...

#### Courses for Learners

Every year Islington Council offers many free adult and community ...

#### Courses

Courses are: Staying Safe on line; Radicalisation and Extremism ...

#### Welcome to the Islington ACL ...

About Islington Adult Community Learning. Every year ...

More results from islington.gov.uk »

#### ESOL E2/E3

Every year Islington Council offers many free adult and community ...

#### Introduction to Moodle for ACL ...

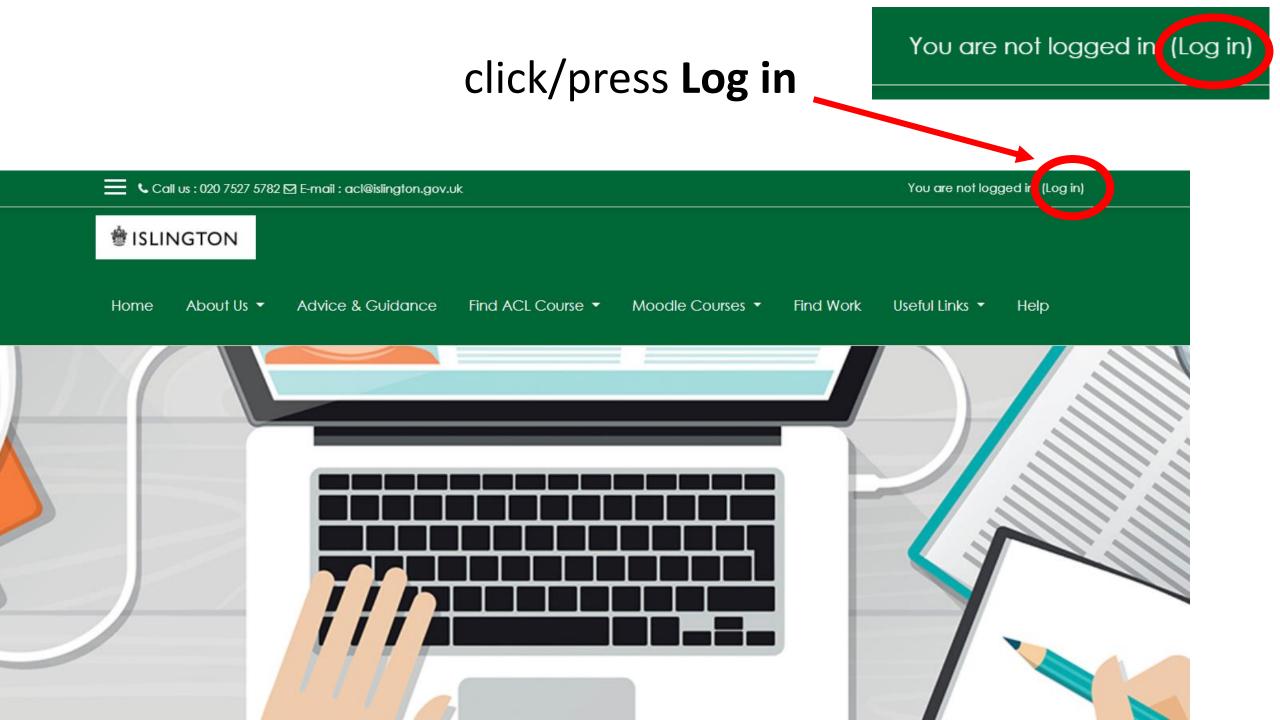
How to access my course: Last modified: Tuesday, 19 ...

#### **English Courses**

An English course is for you if you want to improve your existing ...

You can also click on the **link** from your teacher:

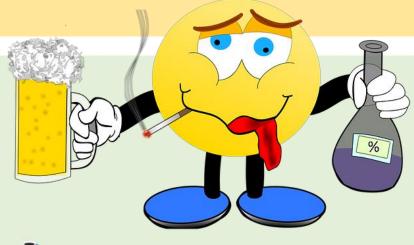
https://aclgateway.islington.gov.uk/



# Health

# healthy





# unhealthy

WHAT DO YOU DO TO KEEP HEALTHY?

Write a list. Write 3 things.







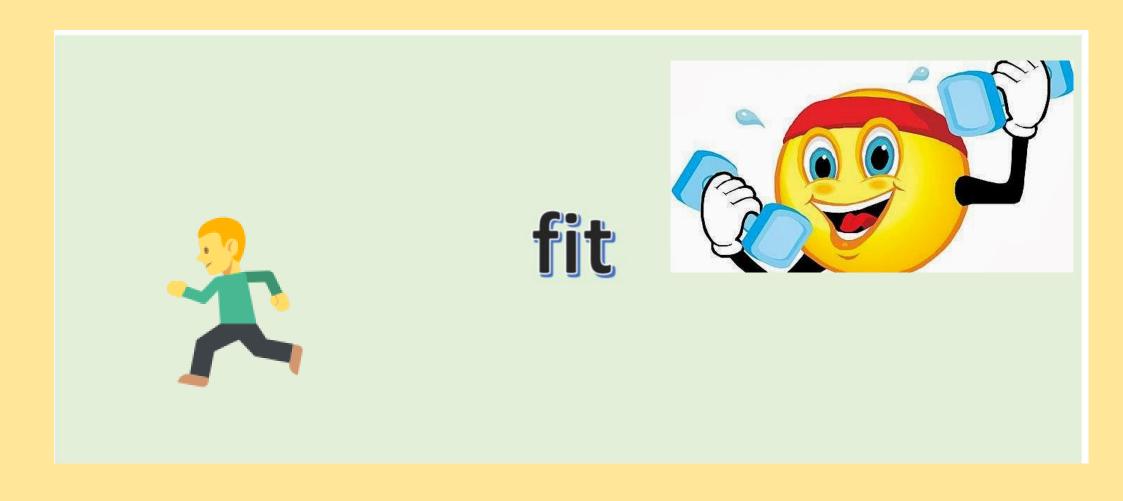
Example: What do you do to keep healthy?

## **Caroline**:

I eat lots of fruit and vegetables. I play tennis every week.

I try to sleep 7-8 hours every night.

# More vocabulary



# More vocabulary





# Online dictionary – find a word

https://www.oxfordlearnersdictionaries.com/

## Homework

1. Write sentences about how you stay healthy. Send them to your teacher.

 Use the online dictionary to find a word and write the meaning: health (noun)

https://www.oxfordlearnersdictionaries.com/

September 27<sup>th</sup> 2021

Present tense verbs for things we usually do or do every day.

go I go/you go/he she goes go for a walk

I go to the park and ride my bike.

I go to the gym sometimes.

play I play/you play/he she plays

I play football in the park at the weekend.

I play active games with my children.

eat I eat/you eat/he she eats

I eat lots of fruit and vegetables. Marina eats healthy food too.

Emma eats organic food.

do I do/you do/ she he does

I do the housework.

sleep I sleep 7-8 hours a night. Leonardo sleeps 6-7 hours a night.

dance I dance with my children.