

Welcome to ESOL online E1/E2 Autumn Term 2021

Week 4 – LESSON 2

**Practise vocabulary for food and drink,
Say what you had for breakfast, use a/an, some
Read a blog and answer questions**

Welcome! Welcome back!

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Adult Community Learning

Supporting our students

Safeguarding



Your safety and wellbeing is important to us

If you are experiencing bullying, violence or abuse of any kind, don't keep quiet. We can help.

Talk to your tutor, centre staff or our safeguarding lead:

David Coleman Telephone: 07525 387549

Email: aclsafeguarding@islington.gov.uk



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Information Advice and Guidance



IAG one-on-one sessions (by appointment only)

This term we are offering Information Advice and Guidance session online Monday afternoons from 1.00 – 4.00pm and Wednesday mornings from 9.30 – 12.30.

To book an appointment contact Alison Moore 07808879044 or email Alison.Moore@islington.gov.uk



**What's the weather
like today?**

**What's the
date today?**

CLASS OBJECTIVES

1. Say today's day and date, describe the weather.
2. Practise some words for food and drink, say what you had for breakfast, use articles **a/an**, **some** for countable and uncountable nouns.
3. Re-read a food blog, ask and answer questions.
4. HW: Write sentences about what you usually eat.

**Breakfast -
What did you have for breakfast today?**

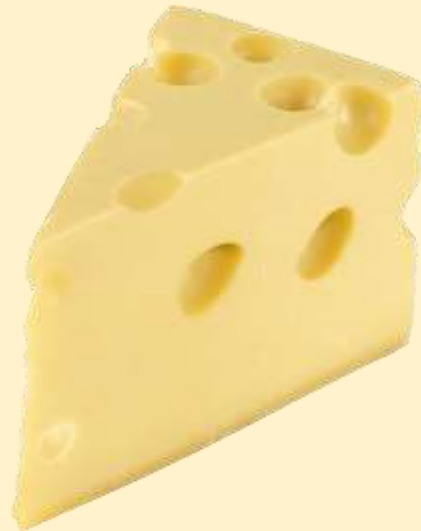


Kellogg's
**CORN
FLAKES**



Breakfast - What did you have for breakfast today?

I had...



Countable & uncountable nouns

Countable

- an apple



- Three apples



Uncountable

Countable & uncountable nouns

Countable

- an apple



- Three apples
- Some apples



Uncountable

Countable & uncountable nouns

Countable

- an apple



- Three apples



Uncountable

- Rice



- Meat



Countable & uncountable nouns

Countable

- an apple



- Three apples
- Some apples



Uncountable

- Rice
- Some rice



- Meat
- Some meat



Countable & uncountable nouns- some can be both

Countable

- An ice cream



Uncountable

- ice cream



Countable & uncountable nouns- some can be both

Countable

- An ice cream



Uncountable

- ice cream
- Some ice cream



a, an or some?

Write a, an or some +
a food word

9A

a Write *a*, *an*, or *some* + a food or drink word. b



1



2



3



4



5



6



7



8



some bread

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

7 _____

8 _____

a, an or some?

Write a, an or some +
a food word

Example:

some bread

9A

a Write *a*, *an*, or *some* + a food or drink word. b



1



2



3



4



5



6



7



8



some bread

1 _____

5 _____

2 _____

6 _____

3 _____

7 _____

4 _____

8 _____

Reading a blog

1. Look at the photo of blogger Nathan Wiebe's lunch.

Can you name any of the things in the photo?

Do you think it's a healthy lunch?



Why I eat the same thing every day

Steve Jobs, Mark Zuckerberg, and Albert Einstein have one thing in common. They all wear, or wore, more or less the same clothes every day. Why? Because if you wear the same clothes every day, you don't waste time choosing what to wear. I decided to copy them, but with my diet, so I eat the same food every day. This is what I have:



- breakfast: a cup of black coffee
- lunch: some smoked salmon, an avocado, and some cream cheese on a piece of bread
- dinner: some bacon, two eggs, some cheese, and some green vegetables

The good thing about this plan for me is that I spend less time and money buying food, and I also never need to worry if my diet is healthy or not (because I know it is). Now, you're probably thinking, 'he's sure to get tired of eating the same food every day'. Well, after about a year, I can promise you that I'm not. I change my meals a bit by having different kinds of cheese and using different herbs and spices. I also change the vegetables that I have for dinner.

Comprehension – ask and answer questions

- Why does Nathan eat the same food ever day?
- What are two good things about his diet?
- Does he get bored of eating the same food every day?
- How does he change his meals?
- Is his diet healthy, in your opinion?

What about you? What do you eat?

- For breakfast
 - For lunch
 - For dinner

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3. Read a food blog, ask and answer questions.
4. HW: Write sentences about what you eat.

What do you eat?

eat/have

have (had)

usually, sometimes

Gelda

I **have** bread with soft cheese, **sometimes** I have porridge or toast. Today I **had** some toast and a glass of orange juice.

Najat

Usually I have some fresh orange juice and yoghurt. I have a ✓ cup of coffee with milk and some toast with a fried egg.

Leonardo

For breakfast I **usually** have cornflakes and **sometimes** some porridge with chocolate and I have a cup of coffee with milk.

<https://www.liveworksheets.com/kx176rx>

Countable and uncountable nouns