

# Welcome to ESOL online E1/E2 Autumn Term 2021

**Week 4 – LESSON 1**

**Practise vocabulary for snacks, ask and answer questions,**

**Say what you had for breakfast,**

**Use a/an, some - to talk about food and drink**

**Welcome! Welcome back!**

**Welcome! Welcome back!**

## Adult Community Learning

Supporting our students

# Safeguarding



Your safety and wellbeing is important to us

If you are experiencing bullying, violence or abuse of any kind,  
don't keep quiet. We can help.

Talk to your tutor, centre staff or our safeguarding lead:

David Coleman Telephone: 07525 387549

Email: [aclsafeguarding@islington.gov.uk](mailto:aclsafeguarding@islington.gov.uk)



**GREAT  
LONDON  
AUTHORITY**



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# Information Advice and Guidance



## IAG one-on-one sessions (by appointment only)

This term we are offering Information Advice and Guidance session online Monday afternoons from 1.00 – 4.00pm and Wednesday mornings from 9.30 – 12.30.

To book an appointment contact Alison Moore 07808879044 or email [Alison.Moore@islington.gov.uk](mailto:Alison.Moore@islington.gov.uk)





**What's the weather  
like today?**

**What's the  
date today?**



# CLASS OBJECTIVES

1. Say today's day and date, describe the weather.
2. Spell some words for snacks, ask and answer questions.
3. Practise some words for food and drink, say what you had for breakfast.
3. Use **a/an, some** to talk about food and drink.
4. HW: Look at our Moodle course for links to online activities  
Also – do Sfl E1 Diagnostic listening test.

# Snacks



snack

/snak/

*noun*



1. a small amount of food eaten between meals.  
"not many people make it through to the evening meal without a snack"

**Snacks – unscramble the letters to make words. Write the words.**

**(type answers in Zoom chat if you finish quickly)**

**Example: t u r i f ??**

**Snacks – unscramble the letters to make words. Write the words.**

**(type answers in Zoom chat if you finish quickly)**

**Example: t u r i f fruit**



# Snacks – unscramble the letters to make words. Write the words.

(type answers in Zoom chat if you finish quickly)

1. p r s i c s
2. t h c o l a c o e
3. t i b s c i u
4. z i z p a
5. s u n t
6. c i e r m a c e
7. a n b n a a
8. s e c h e e

# Snacks – unscramble the letters to make words. Write the words.

(type answers in Zoom chat if you finish quickly)

## Clues!

1. c \_ \_ \_ \_ \_
2. c \_ \_ \_ \_ \_ \_ \_ \_ \_
3. b \_ \_ \_ \_ \_ \_
4. p \_ \_ \_ \_
5. n \_ \_ \_
6. i \_ \_ c \_ \_ \_ \_ \_
7. b \_ \_ \_ \_ \_
8. c \_ \_ \_ \_ \_

**Snacks – unscramble the letters to make words. Write the words.**

**(type answers in Zoom chat if you finish quickly)**

- 1. crisps**
- 2. chocolate**
- 3. biscuit**
- 4. pizza**
- 5. nuts**
- 6. ice cream**
- 7. banana**
- 8. cheese**

# Ask questions

- a) What is your favourite snack?
- b) What snacks are popular in your country?



**Breakfast -  
What did you have for breakfast today?**



*Kellogg's*  
**CORN  
FLAKES**



# What did you have for breakfast?

**a cup of coffee**

**some toast with butter**

**porridge**

**an orange**

**some orange juice**

What did you have for breakfast?

a cup of coffee



What did you have for breakfast?

Some toast with butter





# What did you have for breakfast?

- **some porridge**
- **a bowl of porridge**



# What did you have for breakfast?

- **an orange**



- **some orange juice**

- **a glass of orange juice**



Verb: to count

1

one

2

two

3

three

4

four

5

five

6

six

7

seven

8

eight

9

nine

10

ten

11

eleven

12

twelve

**Verb: to count**

**Say how many  
there are**

**1**

one

**2**

two

**3**

three

**4**

four

**5**

five

**6**

six

**7**

seven

**8**

eight

**9**

nine

**10**

ten

**11**

eleven

**12**

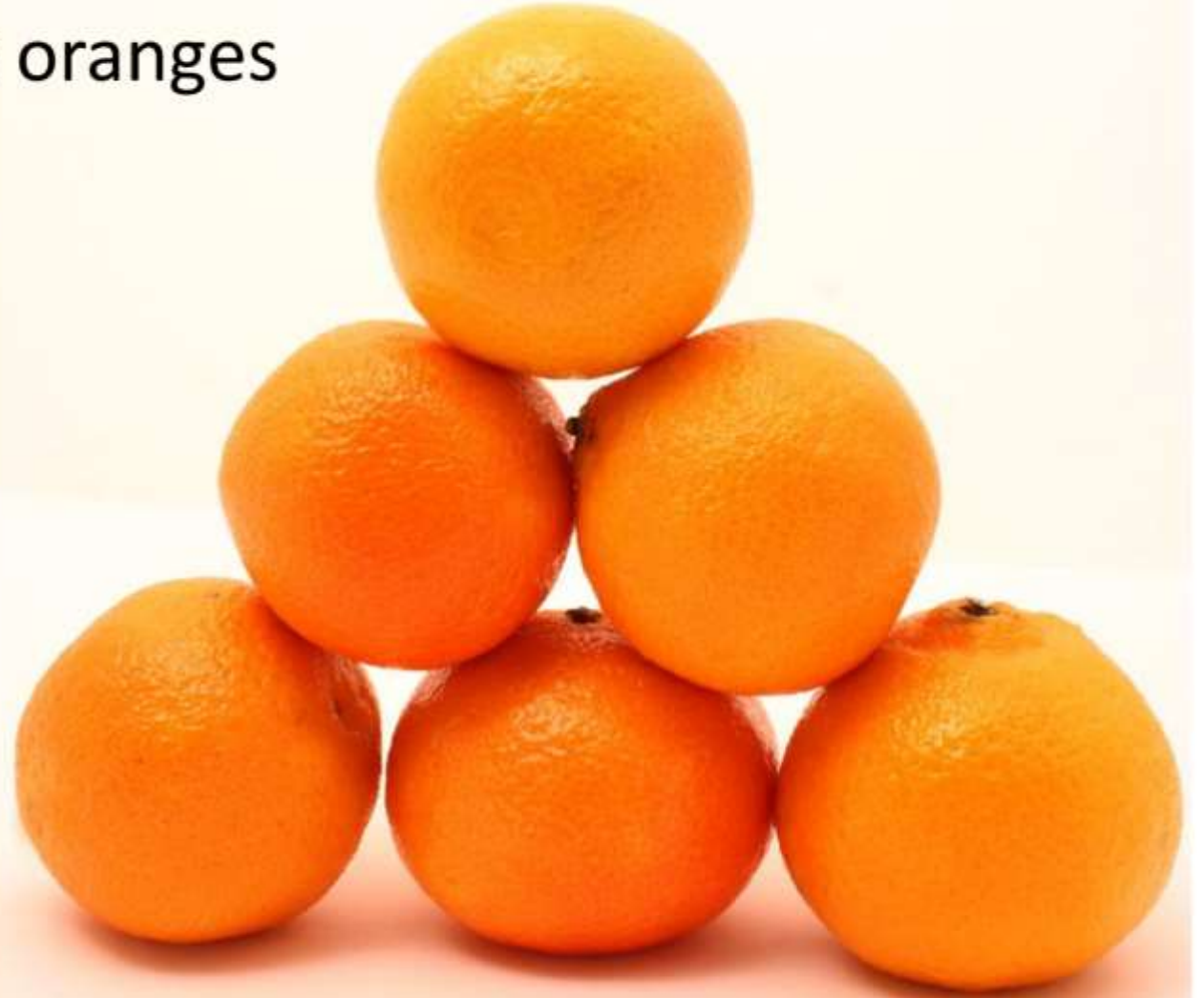
twelve



**To count**

**Say how many  
there are – 6  
oranges**

6 oranges



**To count**

**2 cups of  
coffee**



**to count**

**2 slices of toast**



**to count**

**with butter**



**to count**

**butter**





**to count**

**butter**



**uncountable**

**to count**

**porridge**



**uncountable**

## Reading a blog

**1. Look at the photo of blogger Nathan Wiebe's lunch.**

**Can you name any of the things in the photo?**

**Do you think it's a healthy lunch?**



## Reading a blog

Look at the title

Why do you think he eats the same thing every day?

Read his blog and check



Why I eat the same  
thing every day



# Why I eat the same thing every day

Steve Jobs, Mark Zuckerberg, and Albert Einstein have one thing in common. They all wear, or wore, more or less the same clothes every day. Why? Because if you wear the same clothes every day, you don't waste time choosing what to wear. I decided to copy them, but with my diet, so I eat the same food every day. This is what I have:

- breakfast: a cup of black coffee
- lunch: some smoked salmon, an avocado, and some cream cheese on a piece of bread
- dinner: some bacon, two eggs, some cheese, and some green vegetables



The good thing about this plan for me is that I spend less time and money buying food, and I also never need to worry if my diet is healthy or not (because I know it is). Now, you're probably thinking, 'he's sure to get tired of eating the same food every day'. Well, after about a year, I can promise you that I'm not. I change my meals a bit by having different kinds of cheese and using different herbs and spices. I also change the vegetables that I have for dinner.

# Why I eat the same thing every day.

## Complete the sentences

- 1 Nathan has \_\_\_\_\_ cup of coffee for breakfast.
- 2 He has \_\_\_\_\_ smoked salmon and \_\_\_\_\_ avocado for lunch.
- 3 He has \_\_\_\_\_ cheese and \_\_\_\_\_ vegetables for dinner.



# Why I eat the same thing every day.

## Complete the sentences

- 1 Nathan has a cup of coffee for breakfast.
- 2 He has some smoked salmon and an avocado for lunch.
- 3 He has some cheese and some vegetables for dinner.



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# HW - Watch the video

## - Do the activities

- <https://esol.britishcouncil.org/content/learners/grammar-and-vocabulary/english-grammar/countable-and-uncountable-nouns>
- [https://www.liveworksheets.com/worksheets/en/English as a Second Language \(ESL\)/Countable and uncountable nouns/Countable - Uncountable nouns jb707979ea](https://www.liveworksheets.com/worksheets/en/English+as+a+Second+Language+(ESL)/Countable+and+uncountable+nouns/Countable+Uncountable+nouns+jb707979ea)
- <https://esol.britishcouncil.org/content/learners/grammar-and-vocabulary/vocabulary-and-spelling/food>

<https://www.liveworksheets.com/kx176rx>

Countable and uncountable nouns