

Unit 02 Create a safe environment for young children

Assessment Ability 3 . Respond to common childhood illnesses & situations may affect a child's well being

Performance Criteria	3.1	Recognise signs & symptoms which may indicate illness
	3.2	Practice appropriate standards of hygiene where a child may be ill

What are the signs and symptoms of each illness and what particular hygiene practices would you adhere to?

Asthma	Swelling of the airways of lungs. Caused by Hereditary, triggered by dust, animals, smoke, environment Breathing difficulty, coughing, Wheezing, breathlessness, rapid heart beat. Washing, hands, bin tissues, damp dust, open windows, washing materials well and regularly
Convulsions	Fever fits caused by high temperature Eyes rolling, face changing colour, stiffness of body, changes to breathing, twitching and shaking. General cleaning of hands
Influenza	Respiratory illness (attacks the breathing system) limits the oxygen supply to the body. Cause by virus –airborn through sneezing, coughing High temp, sore throat, headache, fatigue, body ache, runny nose. Bin tissues, ventilation, wash hands, wear gloves if wiping nose, clean/wash equipment regularly inc: door handles
Chicken pox	Rash of red, itchy spots that turn into blisters - sometimes cover whole body. Caused by virus which spreads easily Sudden temperature, headache, tired, itching, spots, - Hand washing, ventilation, isolation

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Hand foot & mouth **Rash on hand/foot and blisters in the mouth. Caused by Virus – sneezing, coughs –pass from one child to another**
Sore throat, rash on hands and feet, high temp, not wanting to eat, itchy. General wash hands, not sharing cutlery, cleaning equipment and surfaces

Gastroenteritis **An infection of the stomach and bowl. Caused by Virus from infected person not washing hands – through faeces on surfaces or airborne**
Diarrhoea, vomiting, fever, stomach cramps and aches. Hygiene in kitchen, personal care, washing hands and cleaning down surfaces. Wearing gloves when changing.

Conjunctivitis **Inflammation of the outermost layer of the white part of the eye and the inner surface of the eyelid. Caused by Virus or bacterial Common cold/sore throat**
Red eyes, itchy, yellow puss, swollen eyelids, sticky eye. Washing hands, clean equipment, isolate, wear ppe when treating infection

Meningitis **Infection of the brain and spinal cords. Caused by Virus or bacterial**
Stiff neck, dislike of bright lights, fits, high temp, cold hands and feet, rapid breathing, muscle pain, rash (glass test) headache, lifeless, off food.

NCFE/CACHE Level 1 Award in Working with Children